

SAMPLE WEEKLY MENU

THE FOOD COMMITTEE MADE UP OF RESIDENTS ASSISTS TO SELECT OUR MEALS ALONG WITH OUR REGISTERED DIETICIAN

	Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12	Saturday 13	Sunday 14
BREAKFAST	<ol style="list-style-type: none"> Orange Juice Oatmeal Pancakes Sausage Links Margarine Pat Syrup PC Whole Milk Coffee 	<ol style="list-style-type: none"> Orange Juice Farina Poached Eggs Bread, WW Toast Jelly Margarine Pat Whole Milk Coffee 	<ol style="list-style-type: none"> Orange Juice Cream Of Rice Scrambled Eggs Bread, WW Toast Jelly Margarine Pat Whole Milk Coffee 	<ol style="list-style-type: none"> Orange Juice Oatmeal Sausage Gravy Biscuit Margarine Pat Whole Milk Coffee 	<ol style="list-style-type: none"> Orange Juice Cream Of Wheat French Toast Bacon, Canadian Margarine Pat Syrup PC Whole Milk Coffee 	<ol style="list-style-type: none"> Orange Juice Oatmeal Poached Eggs Bread, WW Toast Jelly Margarine Pat Whole Milk Coffee 	<ol style="list-style-type: none"> Orange Juice Oatmeal Yogurt Donut Whole Milk Coffee
LUNCH	<ol style="list-style-type: none"> Vegetable Soup Salisbury Steak w/ Bro Scalloped Potatoes, R Oriental Vegetables Bread, WWheat Margarine Pat Pudding, Tapioca Coffee 	<ol style="list-style-type: none"> Oriental Chicken Nood Meat Sauce Spaghetti Noodles Lettuce Salad Bread, Garlic Drsg, Italian Pie, Chocolate Cream Coffee 	<ol style="list-style-type: none"> Split Pea Soup Hot Roast Beef Sand Mashed Potatoes Prince Charles Veg. Brown Gravy Ice Cream Coffee 	<ol style="list-style-type: none"> Beef & Noodle Soup Roast Turkey Bread Stuffing Broccoli Roll, Dinner Turkey Gravy Margarine Spread Gelatin Topping, Non-Dairy W Coffee 	<ol style="list-style-type: none"> Broccoli & Cheese So Salmon Pattie Baked Potato Capri Blend Vegetable Bread, WWheat Margarine Pat Tartar Sauce Sour Cream Spice Cake Coffee 	<ol style="list-style-type: none"> Tomato Soup, RTS Swedish Meatballs Noodles Italian Blend Bread, WWheat Margarine Pat Bread Pudding Coffee 	<ol style="list-style-type: none"> Creamy Chicken Veget Baked Ham Sweet Potatoes Green Bean Casserole Roll, Dinner Margarine Pat Assorted pie Coffee
SUPPER	<ol style="list-style-type: none"> Ham Salad Sandwich Vegetable Soup Potato Chips Fruited Gelatin Whole Milk Coffee 	<ol style="list-style-type: none"> Oriental Chicken Nood Hamburger / Bun Tomato & Lettuce Tator Tots Ketchup PC Mustard PC Peaches Whole Milk Coffee 	<ol style="list-style-type: none"> Split Pea Soup Omelet, Cheese Hashbrowns Tomato Juice, RTS Bread, WWheat Apple Ring-Garnish Margarine Pat Fruit Cup Whole Milk Coffee 	<ol style="list-style-type: none"> Beef & Noodle Soup Sloppy Joe On Bun Green Beans Fresh Grapes Oatmeal Cookie Whole Milk Coffee 	<ol style="list-style-type: none"> Broccoli & Cheese So Bratwurst on a Bun German Potato Salad Mixed Vegetables Mandarin Oranges Whole Milk Coffee 	<ol style="list-style-type: none"> Tomato Soup, RTS Chicken Pot Pie Carrots Apple Ring-Garnish Bread, WWheat Margarine Pat Pears Whole Milk Coffee 	<ol style="list-style-type: none"> Creamy Chicken Veget Mac & Beef Casserole Peas Bread, WWheat Margarine Pat Applesauce Whole Milk Coffee

*Available at each meal is what we call the “ALWAYS MENU”. If one of the entrees’ does not appeal to you, you can order off the “Always Menu” which is located on each table.

*Our larger meal is served during the lunch period and lighter meals are served at supper